

Equipment for Mt. Monadnock Outing

November 8-10, 2019

- Duffle Bag for Gear
- Day Pack for Hike
- Sleeping Bag
- Sleeping pad
- Warm Winter Jacket
- Sweatshirt or Wool sweater or fleece
- Winter Hat
- Raingear
- Complete change of **WARM** clothes (no jeans or cotton) including:
 - (1) Long pants
 - (2) T-shirts
 - (1) Long sleeve shirt
 - 3 pair Socks Wool – not cotton
 - 2 pair Sock liners
- Underwear
- Thermal underwear
- Hiking boots – **a must**
- Gloves – lightweight
- Flashlight With new batteries in it
- First aid Kit (mostly Band-Aids)
- Toilet paper
- Paper towels
- 2 Garbage bags
- Toothbrush and paste
- Mess kit (cup, bowl, fork, knife, spoon)
- 2 Water bottles – fill them at home
- Matches
- Stove (personal or borrow from Troop)
- No Tents Required
- Personal Snacks

Food - Should be Quick & Easy to Clean

- **(2) Breakfasts**
- **(1) Bag Lunch (no cooking)**
- **(1) Dinner – be creative**
- **Snacks**

COST \$25.00/ person

Permission slip & money due by October 28th

Compass – if you own one
Optional - camp chair

Departure - Meet at St. Johns at 6:15 PM on Friday, November 8th Wear your Troop T shirt

Return – Dropped at home Sunday October 10 Between 12 & 1pm

Emergency Contact: Mr. Sullivan (781) 820-5647